



BETHEL

AFRICAN METHODIST EPISCOPAL CHURCH

5050 RICHARD ALLEN BLVD.



AMEC MOTTO:

GOD OUR FATHER CHRIST OUR REDEEMER
THE HOLY SPIRIT OUR COMFORTER
HUMAN KIND OUR FAMILY

WORSHIP GUIDE FOR THE MONTH OF OCTOBER

ZOOM LINK FOR THE WORSHIP SERVICE.

<https://us02web.zoom.us/j/87361301977>

Or call 312 626 6799 ~ Meeting ID: 873 6130 1977

ERNEST J. NIA, INTERIM PASTOR

OFFICE: (313) 831-8810 CELL: (262) 994-3717

WEBSITE: BETHELAMECHURCHDETROIT.ORG

FACEBOOK: BETHEL A.M.E. - DETROIT

REV. DR. H. MICHAEL LEMMONS, PRESIDING ELDER

RT. REV. FREDERICK ALAN WRIGHT

PRESIDING PRELATE, 4TH EPISCOPAL DISTRICT

A.M.E. CHURCH



**WAYNE
HEALTH**

Free Community Health Fair

October 11, 2025 10 a.m. until 1:00 p.m.

Bethel AME Church
5050 St. Antoine
Detroit, Mi. 48202

Diabetes, Cholesterol and kidney Function Screening, Covid Testing,
Blood Pressure Screening and other Health Screenings.

Social Distancing and Masks are optional.

A Bag of fresh groceries for those in need will be provided.



Special Thanks to those who support good health in our community.



**OAK
STREET
HEALTH**



**MOLINA
HEALTHCARE**



UnitedHealthcare®
Community Plan

PriorityHealth



Blue Cross

complete
of Michigan



Humana

DTE Energy



aetnaSM

For more information visit our web site
www.unifydetroitcoalition.org or call 313-418-3049

ORDER OF SERVICE

****CALL TO WORSHIP**

Page XIX in the Hymnal

MORNING HYMN

***INVOCATION**

***THE SCRIPTURE**

****THE DECALOGUE**

(1st and 3rd Sunday ~ Complete)

(2nd, 4th and 5th Sunday ~ Abridged)

SELECTION

HISTORICAL REFLECTION

MINISTRY OF GIVING

THE ANNOUNCEMENTS

PRAYER OF TRANSITION HEALING
& DELIVERANCE

ALTAR CALL

TESTIMONY

SELECTION

THE MORNING MESSAGE

INVITATION TO CHRISTIAN DISCIPLESHIP

HOLY COMMUNION (**1ST SUNDAY ONLY**)

CLOSING SONG OF PRAISE

"I Need You, You Need Me"

DOXOLOGY

Page 647

RECESSIONAL

*** Denotes there is **no** walking during this part of the service**

**** Please Stand**

I Need You To Survive

I need you, you need me
We're all a part of God's body
Stand with me, agree with me
We're all a part of God's body
It is His will that every need be supplied
You are important to me, I need you to survive
You are important to me, I need you to survive



*Bethel A.M.E. Detroit
&
First A.M.E. Farmington Hills*

Annual Lay Day

Sunday Service

Lay Organization Theme:

***"Living a Global Ministry That Transforms,
Transcends, and Liberates".***

Luke 4:18-19

October 12, 2025

11:00 a.m.

Bethel A.M.E. Church

5050 St. Antoine

Detroit, Michigan 48202

Rev. Ernest Ni'A, Interim Pastor

Bethel A.M.E.

Rev. Dr. Patricia Coleman-Burns, Pastor

First A. M. E. Church, Farmington Hills

Marjorie Porter, Bethel Lay Organization

Local President

Dr. Valeria Eloby-Slade

First A. M. E. Church

Lay Organization, Local President

Hendrean H. Williams, Bethel Lay Organization

Director of Lay Activities



Speaker

Mr. Micheal Cousin Jr., President

Fourth Episcopal District

Lay Organization

ZOOM LINK FOR THE SERVICE.

<https://us02web.zoom.us/j/87361301977>

Or call 312 626 6799 ~ Meeting ID: 873 6130 1977

WAYS OF GIVING

Zelle ~ bethelamedet@gmail.com

Givelify ~Bethel-Detroit AME

Cash App ~ \$BethelAMEDET

**RINGING THE BELL
FOR OUR FAMILIES EXPERIENCING
EARTHLY DEPARTURE
OF THEIR LOVED ONES**

The Mortimer Jordan Family

The Minnie Martin Family

The Family of Addie Mae Johnson

The Family of Deaconess Labertha Johnson

The Family of Delores P. Hrmphrey

**Let us also pray for those who are scheduled for
SPECIAL PROCEDURES**

*A good person leaves an inheritance for their children's children,
but a sinner's wealth is stored up for the righteous. Proverbs 13:22*

*If anyone among you sick? Let them call the elders of the church to
pray over them and anoint them with oil in the name of the Lord.*

James 5:14

The Ministry Staff will anoint you with oil upon request



Praying for Others

Brothers and Sisters convalescing

Business and Career Success

Our marriages and family cohesiveness

Individuals undergoing medical testing &
treatments

Individuals with health challenges

Our Caregivers

Our College Students living away from home

Those in Hospitals, Rehabilitation and Nursing Facilities

Those in need of healing from various medical conditions

Those incarcerated

Those living alone with health challenges

Victims of Physical, Mental and Emotional Abuse

Victims of Substance Abuse

LEGACY CAMPAIGN

FOUR TIERS

TIER ONE (\$250): MEMORIAL TREE LEAF



Add a lasting tribute to the Memorial Tree in the Narthex with a personalized leaf.

- Each leaf is \$250.
- A Trustee will assist with your name inscription and placement on the tree.

TIER TWO (\$500): ENGRAVED SANCTUARY BRICK



Place your name—or the name of someone you wish to honor—on a designated brick in the Sanctuary.

- \$500 per brick.
- You will choose a brick from a pre-selected section.
- Your engraved plate will be presented during a special Worship Service.
- Installation date scheduled to allow family, friends and donors to witness the moment.

TIER THREE (\$1,000): MEMORIAL TREE ROCK

Honor a loved one or commemorate your support with a rock beneath the Memorial Tree.

- Each rock is \$1,000.
- Trustees will coordinate inscription and placement under the tree.



TIER FOUR (\$1,500): PEW DEDICATION

Dedicate one of Bethel's undedicated pews with a custom recognition plate.



- \$1,500 per pew.
- Choose your preferred pew from available options.
- Your engraved pew plate will be presented during a special Worship Service
- Installation date scheduled to allow family, and donors to witness the moment.

CALENDAR EVENTS

Tuesday, October 7th ~ 7:00 p.m. via Zoom

Steward Board Meeting

Wednesday, October 8th ~ 6:00 p.m. In Person

Quarterly Conference ~ Presiding Elder H. Michael Lemmons

Saturday, October 11th ~ 10:00 a.m. ~ 1:00 P.M.

Health Fair and & Bethel Daughters of Deborah Intergenerational Ministry

Sunday, October 12th ~ 11:00 A.M.

Lay Organization Annual Worship Service

President Michael Cousin. Speaker

Tuesday, October 14th ~ 7:00 P.M. via Zoom

Trustee Board Meeting

Saturday, October 18th ~ 2:00 P.M. via Zoom

Official Board Meeting (**Budget First Reading**)

October 29th ~ November 1st

4th Episcopal District Planning Meeting ~ Downers Grove, IL

SAVE THE DATE

November 13th ~ November 14th

Prayer Conference

Saturday, November 15, 2025 ~ South District Planning Meeting ~ 9:00 a.m. at the church

Saturday, November 22, 2025 ~ 10:00 A.M.

Official Board (Second Budget Reading**) ~ In-Person**

Saturday, December 20, 2025 ~ 10:00 A.M. ~ In Person

Church Conference (Final Budget Reading**)**

Attention All Ministries and Auxiliaries,

Please email **September Report** to the church office
no later than Friday, October 17, 2025.

Thank you for your timely cooperation.



October Birthdays

Tanya Clark	1st	Ulysses Rice	15th
Teresa Gunter	1st	Joan Price	16th
Clayton Williams	2nd	Mabel Jones	16th
Anne Jackson	3rd	Shaylor Ray	18th
Judy Wiles-Dorrah	6th	Thomas Catttron	20th
Denise Fant-Catttron	7th	Wendy Little	20th
Shirley Cartwright	7th	Darren Shamily	21st
Dr. John Hair	8th	Caitlin Little	22nd
Zetella Rabb	9th	Dr. David Hill	23rd
Karen Smalls	10th	Nathan Mc Creary	25th
Rosie Henderson	12th	Veronica Jordan	26th
Tylia Lyte	14th	Eric Willingham	27th
Taylor Lockridge	14th	Burnice Foston	28th
James McCree	15th	Marian Goldston	30th
		Shelly Jones	31st



Anniversaries

David and Evelyn Germany	4th
Dr. Curtis and Ola Ivery	6th
Doug and Deborah Bembry	6th
Wendy & William Little	19th
Harvey and Judy Dorrah	21st

HOW HEALTHY IS OATMEAL

Oatmeal is generally considered a healthy food choice. It is a whole grain that provides several nutrients and health benefits, including:

Fiber:

Oatmeal is a rich source of soluble fiber, known as beta-glucan. This fiber helps lower cholesterol levels, regulate blood sugar, and promote digestive health.

Nutrients:

Oatmeal provides essential vitamins and minerals, such as magnesium, zinc, iron, and B vitamins.

Antioxidants:

Oatmeal contains antioxidants called avenanthramides, which may have anti-inflammatory and heart-protective effects.

Weight Management:

The fiber and protein in oatmeal can help you feel full and satisfied, which may aid in weight management.

Other Health Benefits:

Studies have shown that oatmeal may also improve gut health, reduce the risk of type 2 diabetes, and protect against certain types of cancer.

However, it's important to note that not all oatmeal is equally healthy. Instant oatmeal often contains added sugar, salt, and unhealthy fats. Opt for old-fashioned oats or steel-cut oats and prepare them with minimal added ingredients. Additionally, people with celiac disease or gluten sensitivity should avoid oatmeal unless it is specifically labeled as gluten-free.

In conclusion, oatmeal is a nutritious and healthy food choice when prepared properly. It is a good source of fiber, vitamins, and antioxidants that can provide several health benefits. However, it's important to choose healthy preparation methods and avoid excessive sugar or unhealthy fats.

What is a Roth IRA Conversion?

A Roth IRA is a popular alternative to a traditional IRA. In a traditional IRA, one contributes pre- or after-tax dollars and is taxed on the money once a withdrawal is made. For a Roth IRA, one contributes after-tax dollars and enjoys tax-free withdrawals after the age of 59 ½ and the funds are held in the Roth IRA for at least five years.

While a Roth IRA does come with contribution limits on its own, you can convert a traditional IRA into a Roth IRA. This is a process known as a “Roth IRA conversion.”

By converting a traditional IRA into a Roth IRA, the retiree will still owe taxes on any money in the traditional IRA that’s being converted but will be able to make tax-free withdrawals from the Roth IRA account when the time comes.

What are the benefits of a Roth IRA conversion?

A Roth IRA conversion might make sense for you if you expect to be in a higher tax bracket upon retirement. This way, you pay taxes on the conversion at the current tax rate but are able to limit tax penalties once you make a withdrawal.

Additionally, Roth IRAs are free from Required Minimum Distributions (RMDs), which are required withdrawal amounts a retiree must make from a retirement account after a certain age.

What a Roth IRA conversion ultimately comes down to is paying taxes with the current known tax rates that could be lower than in the future. Tax rates are scheduled to go up on January 1, 2026 if no changes are made to current tax law. So, you’ll pay taxes on your contributions now and not when you withdraw, which could leave you more money with which to retire.

What are next steps?

Whether you’re early in your investing journey or nearing retirement age, there is a lot to consider when it comes to your financial future. Retirement planning can be a complex process, but educating yourself is often your best asset. Plus, you don’t have to take it on alone—a financial advisor can help.

Not sure about where you stand financially? Take FSA’s Free Retirement Quiz to see how prepared you are for retirement, where you may need to adjust your plan and what steps to take next.

NOTES

CHURCH ACTIVITIES

Wednesday

11:00 a.m. Wednesday Bible Study

6:15 p.m. Empowerment Prayer Ministry
Conference Line (313) 209-3070 Code 532391

Friday

6:30 p.m. Walk, Woke Bible Study

ZOOM:

<https://US02WEB.ZOOM.US/J/86462584791>
Or call 312 626 6799 ~ Meeting ID: 864 6258 4791

Saturday

Meeting Day

Sunday

9:00 a.m. Church School

11:00 a.m. Worship Service